

Learning Outcomes for HOWA Vehicle Recipients

I. **Vehicle Operation**

- a. Proficiency at using **lights** (basically location)
 - i. Turn signals
 - ii. Head lights
 - iii. Day light running lights (if equipped)
 - iv. Emergency flashers
 - v. High beams
 - vi. Interior Lights
 - vii. Fuses
- b. Proficiency at checking and maintaining **fluids**
 - i. Oil – synthetic or natural
 - ii. Oil Change Schedule
 - iii. Anti-Freeze
 - iv. Transmission Fluid (at mechanic for checkup)
 - v. Gasoline (where is the gas tank fill-up?)
- c. Proficiency at operating **comfort systems**
 - i. Heater
 - ii. AC
 - iii. Air recirculation (if equipped)
 - iv. Defrosters (front and back)
- d. Proficient at maintaining **tires**
 - i. All about tires, reading side wall, wear, patching, replacement, etc.
<https://www.youtube.com/watch?v=41TDa-J3zk>,
<https://www.youtube.com/watch?v=N55sqDfMofg&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=8>
 - ii. Checking/maintaining PSI – look inside door jamb at tag and how to read the tag
 - iii. Rotation Schedule – look at user manual or listen to tire dealer
 - v. Steps for Changing a tire (or access to a service)
 - i. Jack and spare location
 - ii. Jack placement
 - iii. Full sized or temporary spare
 - iv. <https://www.youtube.com/watch?v=joBmbh0AGSQ>
 - vi. Snow chains - <https://www.youtube.com/watch?v=oH3rL6tqUj0>
 - ii. If in back country, plugging holes (or access to a service) -
<https://www.youtube.com/watch?v=Xq3dDoYRIQg>
 - iii. Using air compressor
- e. Operation of cruise control, if equipped
- f. Operation of stereo system, CD player, if equipped
- g. Emergency Brake
- h. Vehicle log – they need to set It up for oil change, tire rotation, any maintenance they havedone, warranty, pencil bag to store log and warranties and receipts



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II. Camping

- a. Categories by Locations
- b. Stealth
- c. Boondock (dispersed camping)
- d. Traveling
 - i. Walmart camping, Cracker Barrel, etc
 - ii. Truck stop camping https://www.youtube.com/watch?v=aT_zF00MWfA, <https://www.youtube.com/watch?v=IAH2o6ieWGI&list=PLi1Tyr8guVEnptbq7oq1JMKiMY9IG9-e6&index=4>, <https://www.youtube.com/watch?v=vn9F0fxnicc>
- e. Describe the resources available that you will use to find **camping locations**
 - i. <https://freecampsites.net/>
 - ii. <https://www.campendium.com/>
 - iii. social media
 - iv. HOWA FB
 - v. Homes On Wheels Alliance Group
 - vi. Camp Together
 - vii. Women's RTR Official
 - viii. RTR Official
 - ix. Public Land Agencies
 - x. BLM - blm.gov <https://www.blm.gov/programs/recreation/camping>
 - xi. Arizona State Trust Land - AZ.gov/land <https://land.az.gov/maps-gis-0>
- f. Memberships – paid and unpaid
 - i. Thousand Trails
 - ii. Harvest Hosts, harvesthosts.com
 - iii. Escapees - escapees.com
 - iv. RVillage – Rvillage.com
 - v. Meetup.com - meetup.com/Caravans
 - vi. Friend/family's driveways, etc.
- g. Able to clearly describe guiding principles to determine **where to be when** (e.g., follow good weather, stay close to job, escape MCS triggers, etc.)
https://www.youtube.com/watch?v=ghKwrXb_Zo8
- h. **How to use GPS coordinates** using Google Maps and paper maps
 - i. Find location using coordinates
 - ii. Drop a pin and share with someone
- i. Show knowledge of **paper maps**

III. Taking Care of Yourself

- a. Proficient at **finding and getting supplies**, food, water; and **disposing of trash**
 - i. Describe how to find food, water and supplies while camping in the back country
 - ii. Describe how to dispose of household garbage
 - iii. Fire safety and burning
 - iv. Describe how to dispose of human waste
- b. Proficient at **personal hygiene** while in the vehicle
 - i. Describe and practice bathroom routine for both urine and feces
<https://www.youtube.com/watch?v=-gj3ocdO4Qk&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=5>
 - ii. Describe and practice body washing
<https://www.youtube.com/watch?v=3D8639Te2nk&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6>
 - iii. Know what options are available to be able to select the best personal choice
- c. Proficient at safe, **sustainable kitchen practices**
 - i. Describe and practice food storage plan for shelf-stable foods
 - ii. Describe and practice food storage plan for fresh foods
 - iii. Describe and practice utensil washing and storage
 - iv. Know what **OPTIONS** are available to be able to select the best personal choice
- e. All season **clothing** and rain gear
- f. Screens, **window covers**
- g. **Animals in the desert and other hazards**
 - a. Describe best practices for reducing encounters with animals
<https://www.youtube.com/watch?v=T69-4K0Wyyg>,
<https://www.youtube.com/watch?v=oxiWGGkfWAQ>
 - b. Dangerous cactus of South West <https://www.youtube.com/watch?v=N23Cn7Nvs3Y>
 - c. Spider & scorpions
https://www.youtube.com/watch?v=XFw_HRG8PvY&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=6
 - d. Snakes
<https://www.youtube.com/watch?v=6KyxGlZynUA&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=5>
 - e. Coyotes
<https://www.youtube.com/watch?v=wjaFLGicyGQ&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=6>
 - f. Don't feed the wildlife
<https://www.youtube.com/watch?v=2YfOzA60zDQ>
 - g. Desert washes <https://www.youtube.com/watch?v=RluoQW0t2yQ>
<https://www.youtube.com/watch?v=UOBdkJhFyoE>
<https://www.youtube.com/watch?v=ZtdAE9mlGcg>
- h. **Nomad safety**



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<https://www.youtube.com/watch?v=71eF51gLAJM&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=9>

i. Weather Apps

- i. Weather Underground
- ii. Weather Bug
- iii. Weather & Severe storm Alerts NOAA (National Oceanic and Atmospheric Administration)
- iv. Weather Home App

j. Mental Health

If you are a Nomad suffering from anxiety, depression, autism etc or has a history of mental illness and need someone to talk to, please visit the website NomadChapter.org and look for the link to the Calendar to see meeting days, times and dial-in information. Or click on this link:

<https://dbsahartford.org/nomadcalendar/>

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IV. Life Skills

- A. Phone and Internet on the road
- <https://youtu.be/O8AOAluCFIg>
 - <https://youtu.be/biEUXHVVKCM>
- B. Nomad etiquette
- <https://www.youtube.com/watch?v=P9OkgDtwV6A&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=8>
 - <https://www.youtube.com/watch?v=UmFUrqKF3yQ&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=9>
 - <https://youtu.be/aLgNi3xUfyo>
- C. Finding other nomads to camp with
- <https://www.youtube.com/watch?v=jLtfCg-PV2w>
- D. Budgeting/fiscal responsibility and emergency fund
<https://www.youtube.com/watch?v=XL60tPbY2YE> <https://www.youtube.com/watch?v=G-aZ3bbhces>
- E. Working on the Road
- Seasonal jobs
<https://www.youtube.com/watch?v=-L4pOKRBgdU>
https://www.youtube.com/watch?v=Ho_R-bfN4I8
 - Digital nomad
- F. How to find a mechanic
- G. How to domicile, drivers license and vehicle insurance
- Informed delivery from USPS https://www.youtube.com/watch?v=jntFI_5FiA8
- H. Describe and demonstrate **leave no trace principles** - Int.org
- I. Important nomad gathering areas
- Algodones, Mexico
<https://www.youtube.com/watch?v=yl9UtoN5ieA>
<https://www.youtube.com/watch?v=jkvtQa5ObMA>
 - Quartzsite
<https://www.youtube.com/watch?v=mLD-tEUauaQ>
- J. Pets
- Safety
 - Vet care
 - Valley Fever - https://www.youtube.com/watch?v=mggFAa_yAPc
 - Being respectful of others, poop, pee, jumping, barking
 - Not everyone loves your dog (or kids)
- K. Acronyms - RTR, WRTR, BLM, NF, LTVA, etc –
- Rubber Tramp Rendezvous,
 - Women's Rubber Tramp Rendezvous,



Learning Outcomes for HOWA Vehicle Recipients

- Bureau of Land Management,
- National Forest,
- Long Term Visitor Area

Suggested videos -

<https://www.youtube.com/watch?v=bZgSrqQuYul&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=1> ,

<https://www.youtube.com/watch?v=bZgSrqQuYul&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=1> ,

<https://www.youtube.com/watch?v=55Wety3Ut80&list=PLi1Tyr8guVEnptbq7oq1JMkiMY9IG9-e6&index=3> ,<https://www.youtube.com/watch?v=ZVP4IYRF2t4> ,

https://www.youtube.com/watch?v=ghKwrXb_Zo8 ,

https://www.youtube.com/watch?v=ghKwrXb_Zo8

Why are you on the road? Discussion